

How to Reframe Anything and Everything



April 22, 2024

9:30 a.m. - 3:00 p.m. ~ 4.5 CEs

\$25 ~ Online via Zoom

Being told to “reframe it” is something most of us have heard, or maybe even something you’ve said yourself. Right along with the phrase “reframe it” is often the phrase “turn the negative into a positive.” Has anyone ever shown you “how to”—reframe it? In this four-hour training, you will be shown different ways you can reframe anything and everything. Imagine what it will do for your mental health to become proficient at reframing anything you want!

Learning Objectives:

- See things from three different positions.
- Learn how to flip the "but".
- Hear about the four root causes of perspective.
- Find ways to determine your desired outcomes.
- Feel like you can truly reframe anything and everything.

Presented by: Chuck Hendrix, MHA, CCCHt, MNLP

Chuck is a Certified Peer Support Specialist, a Certified Life Coach, an NLP Practitioner, and a Board-Certified Hypnotherapist. He has been studying personal growth for more than 25 years. He is always developing special trainings to further the impact that CPSS can make with their peers. Chuck is known for his unique communication style which is both engaging and funny. This training will benefit you and the Peers you get the privilege to work with.



Register via email at Recovery@MyMDRC.org

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Registration cut-off date is Thursday, April 18, 2024

Name: _____

Address: _____

Phone #: _____

Email Address: _____

Please provide an email address so we can send you confirmation of registration. If you **DO NOT** receive a confirmation email you are **NOT** registered.

Please select: Certified Peer Support Specialist Certified Peer Recovery Coach

Agency Name: _____

Agency Address: _____

Agency Phone #: _____

Cost and what is included: This training is \$25. Please note attendees must attend the entire session.

What is expected: **Please note attendees must attend the entire session.** There is absolutely NO driving during the training. If you are driving while attending the training, you will be kicked from the training for your own safety. Training guidelines must be read, signed and returned to the office before a zoom link is sent to the participant. Attendees must follow the training guidelines.